



REIKI

*EMPOWER YOURSELF WITH REIKI!
Universal life force can flow through
you from the Source of life bringing
wellness, vitality and wholeness.*

REIKI Natural Healing provides a Way to tap into universal healing energy from the Divine. It is an ancient simple method for recharging, realigning and moving into balance and wellness. **REIKI** is applied with the hands by an attuned practitioner and addresses all levels of well-being – physical, mental, emotional and spiritual. It is highly effective for reducing stress, tension and pain and for promoting specific healing. **REIKI** can help reveal your Self to you and bring you to wholeness and balance. Learning **REIKI** will help you heal and balance **YOURSELF**, others and our world.

MOKSHA SHARON KOLMAN, REIKI MASTER

“With Reiki there is always hope. As long as there is life and willingness to spend the time for treatments, there shall be help.... No matter how deeply the cause is buried, Reiki will reach and remove it.”
– Mrs. Hawayo Takata, Grand Reiki Master

First Degree Reiki

Cost \$225 (deposit \$115) 10 CE hours
Saturdays Oct 23&30 1:30-4:30
& Nov 6 1:30-5:30
At Armonia Health

Second Degree Reiki

Cost \$330 (deposit \$165)
TBA
(No longer NCBTMB Approved for CE hours)

Private instruction is also possible

REV. MOKSHA SHARON KOLMAN has been growing and deepening with Reiki for over 30 years. She has taught Reiki in New Mexico and North Carolina since 1988. Moksha, also an Ordained Interfaith Minister, a Board Certified Polarity Practitioner and Licensed Massage Therapist (LMBT #204), practices and teaches in Chapel Hill and Durham. Moksha is a traditional Usui Reiki Master Teacher, honoring the teachings of the grandmasters of the Usui Reiki lineage.

Sharon D. Kolman is approved by NCBTMB as a continuing education provider. #312314-00

www.lotusblossomwellness.com

For information call:

Moksha Sharon Kolman at 919-384-5406